

**Heartstrong Farm CSA Member Agreement for
2018 Growing Season**

Farm Contact Information:

Heartstrong Farm LLC
10435 US HWY 64 E
Staley, NC 27355
Primary phone: (703)-577-7288
Email: growheartstrong@gmail.com



Member Contact Information:

Name: _____
Address: _____
City, State: _____
ZIP: _____
Phone Number: _____
Email: _____

Hooray! Welcome to community supported agriculture (CSA) membership in Heartstrong Farm! We are so very excited to have you join the farm family. As your CSA farm, we wish to provide you with fresh, local, and seasonal vegetables, herbs, and flowers, and you, as our CSA member, wish to receive a portion of our harvest. This agreement outlines our share commitments to this relationship, and sets us up for a strong season ahead.

Section 1. Our Farm

A. Joining the Farm Family

Community supported agriculture (CSA) is a relationship between our farm and you as our customer. Rather than simply purchasing food, CSA customers become “members” of this CSA farm who receive a scheduled portion of the farm’s harvest.

Our CSA runs for 28 weeks from **May through Thanksgiving week in November, with a two week break at the beginning of August** (for farmer and fall crops to catch up!).

CSA subscriptions are available in 4 packages (+\$8 for packaging/baskets):

1. **Full Season Weekly Share- \$624:**
 - a. Weekly pick up, \$22 of produce each week for 28 weeks
2. **Half Season (Summer or Fall) Weekly Share – \$316:**
 - a. Weekly pick up, \$22 of produce each week for 14 weeks
 - i. *Summer:* May through end of July
 - ii. *Fall:* Mid-August through Thanksgiving week
3. **Full Season Bi-weekly Share- \$316:**
 - a. Bi-weekly pick up, \$22 of produce every other week for 14 weeks
4. **Half Season (Summer or Fall) Bi-weekly Share – \$162**
 - a. Bi-weekly pick up, \$22 of produce every other week for 7 weeks
 - i. *Summer:* May through end of July
 - ii. *Fall:* Mid-August through Thanksgiving week

Weekly Members will generally receive 6-10 different seasonal produce items and culinary herbs each week, totaling \$22 of produce each week for chosen length of the growing season.

Bi-weekly Members will generally receive 6-10 different seasonal produce items and culinary herbs *every other* week, totaling \$22 of produce received every other week for chosen length of the growing season.

Members are responsible for showing up at our identified pick-up sites each week to pick up your freshly harvested share of produce, and other add-ons. Detailed information regarding pick-up can be found in Section 3. Variety and quantity may vary as described below in Section 2.

*****NEW** for 2018: CSA Add-on***

1. *Heartstrong Flower Share*

The Flower Share: \$6.25 per week

- A weekly hand-arranged bouquet of seasonal farm blooms to spread the colors, textures, and scents of our fields to your tables
- Available for two 8 week sessions:
 - Summer: June - July
 - Fall: September - October
- Also available for bi-weekly pick-up with two 4 week sessions

Note: All share add-ons will be ready for pick up at same time and location along with main CSA shares

B. Growing Practices

Our farm (includes produce, flowers, and herbs) is Certified Naturally Grown (CNG). CNG farmers do not use synthetic fertilizers, pesticides, herbicides, or GMOs, just like “certified organic” farmers. The primary difference between CNG and “organic” is the certification model, which relies on peer (farmer-to-farmer) inspections, transparency, and direct relationships. As community is so integral to us at Heartstrong Farm, we support and believe in the mission, standards, and network of Certified Naturally Grown. For more information on CNG, visit www.CNGfarming.org/

All of our produce and flowers are grown on our farm in Staley, NC.

Heartstrong Farm grows using only non-genetically-engineered seeds, prioritizing organic and heirloom varieties, and utilizes annual crop rotations, cover cropping, biointensive cultivation, companion planting, composting, drip irrigation, encouragement of beneficial insects, and minimization of our tillage over time.

C. Products Expected for 2018

The chart below outlines some of the produce, herbs, and flowers we hope to deliver, and when you may see them in your share. This chart is based on our best estimate, but of course weather, pests, and other events will affect actual production.

Month(s)	Expected Crops
May- Aug	<i>Produce:</i> Arugula, beans, beets, broccoli, cabbage, carrots, chard, chicory, collard greens, cucumber, eggplant, fennel, kale, lettuce, salad mix, summer squash, peppers, potatoes, radish, rutabaga, tomatoes, turnips <i>Herbs:</i> Basil (Genovese, Thai, Tulsi)
Sept - Oct	<i>Produce:</i> Arugula, beans, beets, cabbage, collards, cucumber, chicory, kale, lettuce, onions, peppers, popcorn, radish, rutabaga, spinach, sweet potatoes, summer squash, winter squash, tomatoes, turnips <i>Herbs:</i> Basil (Genovese, Thai, Tulsi), cilantro, parsley
November	<i>Produce:</i> Arugula, beets, carrots, collards, kale, lettuce, radish, salad mix, winter squash, tomato, turnip <i>Herbs:</i> Cilantro, parsley

Month(s)	Expected Flowers
May- Aug	Cosmos, marigold, snapdragon, sunflowers, zinnia

Sept-Oct	Celosia, cosmos, marigold, sunflowers, zinnia, foraged greenery, ornamental grasses
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Section 2. Our Shared Commitments

A. Sharing in the Risk of Crop Failure

We promise to do our best to provide you with a bountiful share each week. The quantity of vegetables, herbs, and flowers, however, may vary from week-to-week due to extreme weather, insects, or other production factors despite our best efforts. By joining our CSA, you are agreeing to share the risk of crop failure with us and other members. In the unlikely event of a crop failure, our procedure is as follows:

If only a small portion of crops fail, we compensate for the failed crops by filling your share with other crops grown on the farm that are ready for harvest at that time. If a large portion of crops fail, we may not be able to deliver any product in some weeks but will compensate for that loss in more productive weeks.

B. Sharing in the Reward of Crop Surplus

CSA is our top priority, as our goal is to be a primarily if not wholly CSA farm. Thus, our weekly harvest goes to filling CSA shares before other avenues of marketing, including farmers markets, restaurants, and wholesale orders. During times of abundance, increased crop production will be reflected in the quantity received in your shares.

C. Picking Up Shares

You are responsible for picking up your share weekly or bi-weekly from your selected pick-up location. Our main pick up location is on the farm at 10435 US HWY 64 E, Staley, NC 27355.

Pick up day on the farm is Wednesday evening from 4:30-6:30pm. Members are invited to bring their families and friends to tour the farm and connect with other members.

For off-farm pick up, our drop site(s) include: **Four Saints Brewery** in Asheboro on **Thursdays from 4:30-6:30p** and one in Chatham County to be announced before the season begins.

You are responsible for observing drop site rules, which are as follows:

1. Each member will receive 2 baskets which will be used to fill with your weekly or bi-weekly share (alternating between the 2).
2. On farm, shares will be laid out 'market style' and members are invited to fill their baskets according to the farm menu. At drop site locations, share baskets will be pre-filled and ready for pick-up.

3. Pick up your share within the agreed upon timeframe. Although we deliver high-quality produce to the site, it will decline quickly if not picked up on time.
4. Be respectful of our drop site hosts' property.
5. Follow additional rules posted at your drop site regarding parking and entrance.

If you are unable to pick-up your share, let us know. You can either choose to have your share donated to Farmer Foodshare (at our weekly farmers market(s), or have a friend pick-up for you (a great way to spread the love!). For the latter, you are responsible for explaining pick-up location and procedures to whomever picks up for you.

If you wish to change your drop site, you, must notify us directly via email, phone call, or in person. Shares that are not retrieved within the pick-up time will be donated.

Check Selection	Pick-Up Location
	Heartstrong Farm (Staley) Wednesday 4:30-6:30p
	Four Saints Brewery (Asheboro) Thursday 4:30-6:30p
	Fair Game Beverage Co. (Pittsboro) Tuesdays 4:30-6:30p

We take the safety of your food seriously. We implement an on farm-food safety plan, where we maintain “clean soil” by carefully managing manure, compost, and other organic amendments to minimize risk of produce contamination; we enforce a strict “clean hands” policy, keeping hand washing stations within our wash and pack area and mandate their use before handling produce; we keep surfaces free of potential contaminants and cull soiled produce in the field and damaged produce prior to washing; we clean and sanitize equipment and facilities daily; and implement careful guidelines for product storage and transportation. For your added protection, wash all produce before eating.

Section 4. Member Fees

By selling membership in advance of the growing season, CSA reduces the burden of up-front costs for the farmer. Your membership fees provide us with money to purchase seed and supplies before the season starts, and we appreciate your commitment to the season’s growth. Place a checkmark next to the share type (as well as any add-ons) you would like from the list below:

Check Selection	Share Type	Price
[]	Full Season Weekly Share (28 weeks)	\$624
[] []	Half Season Weekly Share (14 weeks): <ul style="list-style-type: none"> • Summer - May through July • Fall - August through November 	\$316 \$316
[]	Full Season Bi-weekly Share (14 weeks):	\$316
[] []	Half Season Bi-weekly Share (7 weeks): <ul style="list-style-type: none"> • Summer - May through July • Fall - August through November 	\$162
[] [] [] [] [] []	[ADD ON OPTION] Flower Share <ol style="list-style-type: none"> 1. Full Session Weekly Flower Share (16 weeks) 2. Session I Weekly (8 weeks) 3. Session II Weekly (8 weeks) 4. Full Session Bi-weekly Flower Share (8 weeks) 5. Session I Bi-weekly (4 weeks) 6. Session II Bi-weekly (4 weeks) 	
	Tota Duel (add selections):	

Check Selection	Payment Preference
	I wish to pay my membership fee up front and in full.
	I wish to pay my \$100 non-refundable deposit to be applied to the total cost of my CSA subscription. I will pay the balance on or before my first CSA pick up.

All subscriptions require a non-refundable deposit of \$100 to reserve your share.

If you chose to pay the membership fee upfront, please enclose a check for your total amount due, made payable to Heartstrong Farm LLC with this signed agreement form. If not, the balance is due on or before your first CSA share pick up.

By submitting this agreement form you are agreeing to pay the membership fee for the share you indicated above.

All payments are non-refundable beyond the third week of your subscription season.

Section 5. Communicating with Us

Each week of the CSA season, you will receive a newsletter from the farm with photos, information about the crops available that week, recipe ideas, upcoming events, and other farm related news. Please read your email from us. We depend on being able to communicate important information such as necessary changes to your distribution schedule or to our farm events.

The best way to reach us for questions and updates is via phone at (703)-577-7288. For more detailed inquiries, please send us an email at growheartstrong@gmail.com. The best times to reach us via email are around lunchtime and after dark when we have a chance to sit down at the computer. If you give us a ring we will do our best to answer your calls and, if unable, return them promptly.

Please contact us with any news of the following: changes to postal or email address, changes to your pick-up location, problems with your pick-up location, and inquiries about regarding your share.

By signing below, I agree to purchase the membership share indicated in Section 4. I understand that, although unlikely, the farm may change parts of this agreement related to production and distribution from time to time. I understand that they will contact me via email in advance of any changes to this agreement.

Member Name (please print): _____

Date: _____

Member Signature: _____